

Hurricane Games for Kids



These are some fun games to use Painter's Tape:

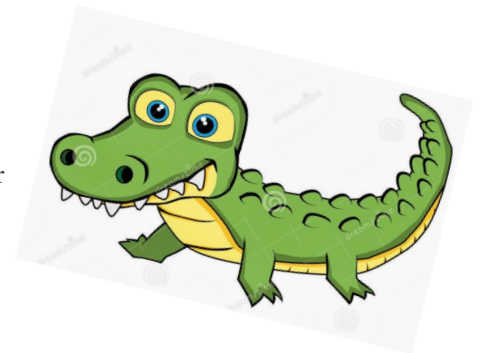
- **Tape Line:** Make 5–10 separate lines of tape, each about a foot apart, on your floor or carpet. Label the first one the “start” line and then give your kids simple instructions:
- **Long Jump:** Using Painters tape, see how many lines they can jump over. Have them try and beat their best score each time. Experiment with arm swinging vs. arms behind their backs.
- **Run ‘n’ Jump:** Now let them take a running start and see if they can jump even further!
- **Long Jump Backwards:** Increase the difficulty by performing the tasks jumping backwards.
- **Hop:** How far can they jump on one leg?



Don't Let The Balloon Touch The Ground:

Using a balloon, this is the classic game that kids fall for every time. The rules are simple – hit the balloon up in the air but don't let it touch the ground. To make it more challenging for older kids, have them juggle more than 1 balloon, or tie one hand behind their back. Time them to see how long they can do it for, or if you have multiple kids, have them count how many times they can hit it back and forth...then see if they can beat their time or score! This game is great for improving arm strength and hand-eye coordination.

Alligator Alley: One of our favorite go-to inside games of all time. Simply scatter some “islands” or “boats” across the floor (use pillows, stuffed animals, books, etc) and then have your kids jump from one to the next without falling into the “water” and risk being eaten by a hungry alligator. Bonus points if Mom plays said hungry alligator and chomps after them when they stumble!



ABC Hunt: Have your kids go around the house with a basket, collecting items that start with each letter of the alphabet (A for apple, B for Barbie, C for Crayola, etc) – give them a checklist to mark off each one as they go. Time them so they run!

Obstacle Course: This tried-and-true idea is always a huge hit with kids, and can be made different every time so it never gets old. Make sure to create an engaging course that includes a variety of motions (jumping, crawling, balancing, etc.) and uses a large area. Have your kids help make the course (which is half the fun!) using some of these creative ideas:

- Hula hoops to jump through
- Line of tape to balance on
- Couch cushions to hop between
- Table to crawl under
- Blanket over 2 chairs to crab walk through
- Tupperware containers to hurdle over
- Stuffed animals to roll over
- Plastic cups to run around



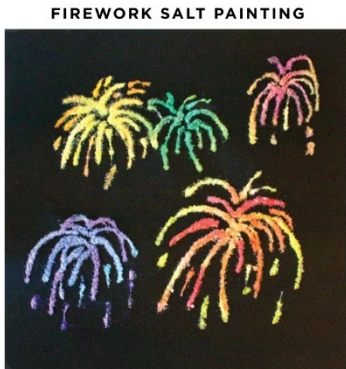
Take 10 minutes to set-up a super engaging course, and you'll benefit from happy, worn-out kids.

Firework Salt Paintings

- Table Salt
- Paper (black really makes the colors pop)
- watercolors
- Paint Brushes
- White Glue (save yourself some hassle and
- Cookie Sheet

Paper Plate Crafts

- Uncoated White Paper Plates
- Coated Paper Plates
- Kids Craft Paint
- Googly Eyes
- Pipe Cleaners
- Yarn
- Craft Glue
- Kids Scissors



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